

# 11-DAY SPLENDID MYANMAR

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## 11 DAYS & 10 NIGHTS EXPLORING BURMA

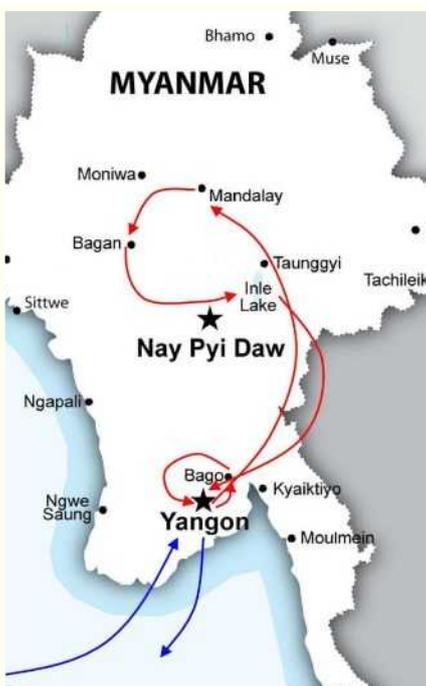
YANGON - GOLDEN ROCK -  
MANDALAY - BAGAN - INLE LAKE -  
YANGON

ITour code MYH-01

Route Yangon - Golden Rock - Mandalay -  
Bagan - Inle Lake - Yangon.

Duration 11 days / 10 nights

Features Enjoyable, memorable, and very  
suitable if you come to Myanmar the 1st time and  
love to experience all the best of the country.



## ITINERARY IN BRIEF

- DAY 1. ARRIVAL IN YANGON - VISIT (L or D)
- DAY 2. YANGON. VISIT (B/L/-)
- DAY 3. YANGON - BAGO - GOLDEN ROCK (B/L/-)
- DAY 4: GOLDEN ROCK - BAGO - YANGON -  
FLIGHT TO MANDALAY (B/L/-)
- DAY 5: MANDALAY VISITS (B/L/-)
- DAY 6: MANDALAY VISITS (B/L/-)
- DAY 7: MANDALAY - (FLIGHT) - BAGAN (B/L/-)
- DAY 8: BAGAN (B/L/-)
- DAY 9: BAGAN - (flight) - HEHO - INLE LAKE (B/L/-)
- DAY 10: INLE LAKE AT LEISURE (B)
- DAY 11: INLE LAKE - (flight) - YANGON -  
DEPARTURE (B)

## SERVICES INCLUDED

- English-speaking guide (station guide).
- Lunches, with local Myanmar foods, except the  
days not including Lunch as mentioned in the  
program
- Twin-shared room with daily breakfast
- Land transfer by good air-con vehicles.
- Water during transfer
- Boat trips at Mandalay and Inle Lake
- Compulsory Admission (for e.g. admission to travel  
in Bagan)

## SERVICES NOT INCLUDED

- Visa
- Other admission (quoted separately)
- Domestic flights (quoted separately)
- International flights
- Other meals and drinks
- Tips and personal expenses

THREELAND<sup>®</sup>  
TRAVEL

## ITINERARY IN DETAIL

### DAY 1. ARRIVAL IN YANGON - VISIT (D)

Upon arrival in Yangon, we will be warmly  
welcomed by the tourguide and vehicle of  
THREELAND in Myanmar. Transfer to Yangon  
(more than half hour away) and check-in hotel.  
After a while for refreshment, we will proceed  
to visit the city.

Yangon, the Capital of Myanmar until 2006, is  
the largest city of the country, which welcome  
most of international flights, and the first  
attraction to everyone coming to Myanmar the  
1st time. The city posses uncountable ancient  
and contemporary vestiges, with an exciting,  
authentic life of multiple ethnic group (biggest  
one is Burmese) in traditional costume. On  
every step of the tour, we can feel and see the  
kindness and hospitality, a great thing about  
Myanmar said by visitors from all over the  
world. This afternoon we will pay visit to Sule  
Pagoda, the 2,000-year-old yet not the oldest  
Buddhist pagoda of Myanmar, where legend  
said that its central stupa is enshrining a hair  
of Buddha. The area near the pagoda is a  
typical fascinating zone of the city where we  
can research by eyes and chats - with the  
locals - about their normal life before going on  
to the Gem Museum - there are many legends  
of real gem and jade in Myanmar and we can  
learn about them before shopping at any  
market - and colourful Karaweik palace,  
located by Kandawgyi Lake. Evening will be  
continued with a traditional show at the  
Karaweik where we can enjoy watching stage  
art of Myanmar people. O/N Yangon.

### DAY 2. YANGON. VISIT (B/L/-)

Breakfast at hotel. Today we will save mainly  
for visit, contemplation and meditation at  
Shwedagon pagoda. No one can spend less  
than two or three hours in this great site of the  
city, which, according to Buddhist records, is  
2,600 years old and the celebration was just in  
May 2012. All the stupas of the pagoda, about  
a thousand, located surrounding the main one  
of 99m high, all are said to be gold-plated and  
remain incomparably magnificent after all  
destruction of wars and time. (Lunch at local  
restaurant between visits). Today we will also  
visit the Yangon Jetty where we can see how  
Myanmar people take very hard jobs to earn a  
living in between great tranquil landscape of  
the river and charming colonial quarter. Late  
afternoon we will visit Bogoyke Market (so  
called Scott market) for shopping, and visit  
other wellknown sites of Yangon if time  
available. O/N Yangon.

Please note! Scott market is closed on  
Monday and another market can be  
replacement.

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## ITINERARY IN DETAIL

### DAY 3: YANGON - BAGO - GOLDEN ROCK (B/L/-)

Breakfast at the hotel before transfer to the Golden Rock via Bago. We will stop en route at the Takkayan War Memorial, dedicated to the British soldiers who died in Myanmar during WWII, to listen to our tourguide about an important time in contemporary history of Myanmar. Upon arrival at the base camp of the Golden Rock (locally named Kyaikhtiyo), we will change to a government's truck to climb up the hill for about half an hour, then walk on foot uphill for about another hour to arrive at the Golden rock. At the end of the road, the sunset on of the Rock and the surrounding area will amaze us with their magnificent view - a quaint temple on the top of a nearly-but-never-fallen giant rock, which is covered day by day by real golden plates from pilgrims. Check in hotel. O/N at Golden Rock.

### DAY 4: GOLDEN ROCK - BAGO - YANGON - FLIGHT TO MANDALAY (B/L/-)

Early morning our tourguide will wake up us to walk from hotel to the Golden Rock again for enjoying the Dawn hereby, when religious people arrive in very early morning to pray and show their respect to one of the most meaningful vestiges of Myanmar and of Asia. The visit should not be too rush-up so that we can really contemplate the morning beauty of the site and feel the ambience of the most Buddhist country near Indochina, with kind, warm-hearted and diligent people. Before midday we will be transferred back to the base camp at Kinpun again on foot then by truck and take our vehicle to drive back to Yangon. If time available, we will stopover in Bago on the way to visit graceful temples and villages. Upon arrival in Yangon, take afternoon flight to Mandalay. Welcomed by the tourguide in Mandalay and transfer to the city (about 45 minutes) to check-in hotel. O/N Mandalay.

### DAY 5: MANDALAY VISITS (B/L/-)

Breakfast at hotel. Different from other tranquil towns of Myanmar, Mandalay is much more hectic, business-minded, yet the city maintains very well great vestiges that cannot be missed like Amarapura, Sagaing hill and U-Bein Bridge that we will visit today.

We will go to the monastery in Amarapura before 10am, where the brunch, the only meal of the day, of thousands of monks is held every day at 10am, a very respectful and traditional ritual yet open to visitors to contemplate and discuss with the Buddhist people and monks to understand more about religious life and traditions of Buddhism in Myanmar. (Lunch between visits at a local restaurant.) Go on to Sagaing hill to enjoy a great view of multiple pagodas and temples dotted the hillside, making a unique panorama for Mandalay, and visit famous Mahamuni temple before enjoying the sunset over U-Bein bridge, the longest and most captivating teakwood bridge in the world. Back to the hotel later afternoon. O/N Mandalay.

### DAY 6: MANDALAY VISITS (B/L/-)

After breakfast we will be transferred to the jetty to take our boat trip to Mingun by local ferry. After about 11km upstream watching all types of wooden boats and bamboo rafts, carrying goods up and down the river we will reach the place and visit Mingun Bell, weighting 87 tons and being the world's largest intact bronze bell. Continue to the beautiful HsinbyumePaya and the unfinished MingunPaya (built with the intention of being the world's biggest pagoda). Beside the incomparable view of vestiges, Mingun gives us a chance to get close to the life of countryside people either we can witness their hard-working on the river or at the villages near Mingun. Lunch at local restaurant between visits. Back to Mandalay by ferry at the end of the trip and transfer back to hotel for your free discovery at Mandalay on foot. O/N Mandalay.

### DAY 8: BAGAN (B/L/-)

Breakfast box will be prepared by our hotel again for our very early trip at 4.30 or 5.00 to catch the sunrise in Bagan. This visit should not be missed and you can deep yourselves into the best view of the country in absolute tranquility, isolation and genuineness. As Bagan posses thousands of stupas, temples, pagoda, our tourguide will keep the program flexible and introduce you to the best of them, including Ananda Temple - one of the finest in architecture and most revered temples with its four standing Bagan style Buddha images and huge carved teak doors, Ananda Oakkyang - simply a Monastery built with red bricks, located within the precincts of the Ananda Temple. It was built in 1137 AD and paintings of the 18th century are seen in the walls of the monastery, Thatbyinnyu Temple - 201ft tall, the tallest in Bagan and it is shaped like a cross, but is not symmetrical. The temple has two primary storeys, with the seated Buddha image located on the second storey. Dhammayangi Temple - the widest temple in Bagan, and is built in a plan similar to that of Ananda Temple. Or Shwezigon Pagoda - built by King Anawrahta, a prototype of later Myanmar stupas, Htilominlo Temple well-known for its old mural, fine plaster carving and glazed sandstone decoration. The Shwezigon can be saved until we are back to Nyang-U as it offers great view in the dusk. O/N Bagan.



### DAY 7: MANDALAY - (FLIGHT) - BAGAN (B/L/-)

Our Breakfast box will be prepared by the hotel in Mandalay if we need to catch very early flight to Bagan today. Transfer to the airport.

Welcomed by the guide in Bagan (Nyang-U airport) and transfer to the hotel which located very close by the airport. If staying in Myanmar for several days ever makes you feel Myanmar is a country from the old time Asia, Bagan may even strengthen that feelings more than anywhere else in the country. Tranquility, charm, miracle, and breathtaking view everywhere are what you will always see in every corner of Bagan, where thousands of ancient temples and stupas emerge from a plain land along Irrawaddy River. This afternoon we will stroll around by horse cart to visit temples and stupas in Bagan until catching it marvelous sunset behind the towers. Lunch at local restaurant between visits. O/N Bagan. Please note! The cost to the newly built highest Tower in Bagan for the sunset or panorama view is extra (USD 10 per person)

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## DAY 9: BAGAN - (FLIGHT) - HEHO - INLE LAKE (B/L/-)

Breakfast at hotel before transfer to the airport with our guide for flight to Heho in Shan State. Welcomed by the guide in Heho.

It will take us one hour from Heho by car/coach to Nwang shwe, and another one hour by boat to our hotel on the lake. Yet, the boat trip heading to the hotel may offer you a great chance to contemplate the one-leg rowing skill of the fishermen living in the lake, the beauty of green floating gardens, and many kinds of birds living and being protected surrounding the lake.

Check in hotel and have lunch at local restaurant. Afternoon visit floating gardens and handicraft villages in the lake, where the locals produce weaving stuff from silk and lotus fiber, making cute "Myanmar tobacco", blacksmith and silverware goods, a great chance to buy gifts for your family and friends. The boat trip itself will give us better conception about the life of people at Shan state and Myanmar too. If time available, visit the Jumping Cat monastery.

Back to the hotel late afternoon. O/N Inle Lake

## DAY 10: INLE LAKE AT LEISURE (B)

Breakfast at hotel. At leisure the whole day. No services provided.

## DAY 11: INLE LAKE - (FLIGHT) - YANGON - DEPARTURE (B)

After Breakfast at hotel we will be transferred by boat to the Jetty, picked-up by car and transferred to Heho to take our flight back to Yangon. This is time to say good bye to Myanmar and you will take your onward flight back home from here.

